


**\$3.00 Suggested Donation**

# December Menu 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Butternut Squash Soup <b>Chicken Marsala</b> Seasoned Brown Rice Broccoli Cuts Diced Pears Multi Grain Bread <i>(Honey Ham &amp; Cheese on Multi Grain)</i>	4 Venus de Milo Soup <b>Italian Sausage</b> Seasoned Ziti Ratatouille Pudding Wheat Bread <i>(Tuna on Wheat)</i>	<b>5</b> Broccoli & Cheese Soup <b>Beef Wellington w/Ketchup</b> Garlic Spinach Cookie Oatmeal Bread <i>(Pastrami &amp; Swiss on Oatmeal)</i>	<b>6</b> Tomato Vegetable Soup <b>BBQ Beef</b> Mashed Potatoes Mixed Vegetables Fresh Fruit Rye Bread <i>(Salmon Salad on Rye)</i>	<b>7</b> 100% Juice <b>Broccoli &amp; Cheese Quiche</b> Turkey Sausage Tomato Half Greek Yogurt <i>(Turkey &amp; Cheese on Wheat)</i>
<b>10</b> Lentil Soup <b>Roast Pork w/Gravy</b> Stuffing Capri Blend Vegetables Lemon Pudding Wheat Bread <i>(Shrimp Salad on Wheat)</i>	<b>11</b> Vegetable Barley Soup <b>Meatloaf w/Mushroom Gravy</b> Whipped Potatoes Roasted Brussel Sprouts Sliced Peaches Marble Bread <i>(Salami &amp; Cheese on Marble)</i>	<b>12</b> Chicken Escarole Soup <b>Veal w/Marinara Sauce</b> Pesto Whole Grain Pasta Italian Blend Vegetables Fresh Fruit Pumpernickel Bread <i>(Bologna &amp; Cheese on Pumpernickel)</i>	<b>13</b> Onion Soup w/CROUTONS <b>Turkey Chili</b> Corn Bread Broccoli Spears Mandarin Oranges Multi Grain Bread <i>(Meatloaf on Multi Grain)</i>	<b>14 Christmas Dinner</b> Pasta Fagioli <b>Stuffed Chicken w/Gravy</b> Red Bliss Mashed Potatoes Green Beans Almondine Coffee Cake Wheat Bread <i>(Seafood Salad on Wheat)</i>
17 Chicken Vegetable Soup <b>Beef Tips w/Mushroom Gravy</b> Seasoned Noodles Asparagus Tips Fruit Cocktail Rye Bread <i>(Chicken Loaf &amp; Cheese on Rye)</i>	<b>18</b> 100% Juice <b>Low Sodium Hot Dog</b> w/Mustard Baked Beans Cole Slaw Greek Yogurt Multi Grain Bread <i>(Turkey &amp; Cheese on Multi Grain)</i>	<b>19</b> Beef Noodle Soup <b>Stuffed Chicken w/ Broccoli &amp; Cheese w/Gravy</b> Seasoned Sliced Potatoes Mixed Vegetables Apricot Half Wheat Bread <i>Shrimp Salad on Wheat</i>	<b>20 Happy Birthday</b> Chicken Soup w/Anci de Pepe <b>French Meat Pie w/Ketchup</b> Seasoned Spinach Frosted Cupcake Oatmeal Bread <i>(Egg Salad on Oatmeal)</i>	<b>21</b> Red Chowder <b>Seafood Salad</b> Baked Lays Chips Broccoli Slaw Ice Cream Dinner Roll <i>(Ham Salad on a Roll)</i>
<b>24</b> 	<b>25</b> <p style="text-align: center;"><b>CLOSED</b>                      Merry Christmas</p>	<b>26</b> Vegetable Soup <b>Stuffed Cabbage w/Sauce</b> Seasoned Brown Rice Mixed Vegetables Sliced Peaches Pumpernickel Bread <i>(Corned Beef &amp; Swiss Pumpernickel)</i>	<b>27</b> Beef Barley Soup <b>Roasted Airline Chicken</b> Oven Roasted Potatoes Buttered Carrots Coffee Cake Wheat Bread <i>(Tuna on Wheat)</i>	<b>28</b> White Chowder <b>Baked Fish w/Crumb Topping</b> Butternut Squash Green Beans Pudding Rye Bread <i>(Chicken Salad on Rye)</i>
<b>31</b> Split Pea Soup <b>Baked Ham w/Pineapple</b> Sweet Potatoes Winter Blend Vegetables Pudding Wheat Bread <i>(Tuna on Wheat)</i>		<b>Please Inform your Server if you have a food allergy</b>	<i>Funded in Part by the US Administration on Aging and the Rhode Island Division of Elderly Affairs</i>	<b>SALAD OF THE MONTH</b> <b>Starts Monday December 3rd</b> Grilled Chicken Mandarin Oranges Crunchy Noodles Tomato, Bed of Lettuce Asian Dressing