

**\$3.00 Suggested Donation**

# July 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Cream of Broccoli Soup <b>Roast Pork w/Applesauce</b> Mashed Sweet Potatoes Vegetable Blend 9-Grain Bread Pineapple Tidbits <i>(Turkey &amp; Swiss on 9-Grain)</i>	<b>3</b> <u>Independence Day Celebration</u> Lemonade <b>Pub Burger w/Au Jus</b> Red Bliss Potato Salad Cole Slaw Wheat Bread Watermelon <i>(Hot Dog on a Roll)</i>	<b>4</b>  <b>CLOSED</b> <b>Happy Independence Day!</b>	<b>5</b> 100% Orange Juice <b>Omelet</b> Breakfast Sausage Crispy Potatoes Sliced Tomato Greek Yogurt  <i>(Ham &amp; Cheese on Oatmeal)</i>	<b>6</b> Chicken Soup <b>Chicken Cutlet w/ Sauce</b> Whole Grain Pasta Green Beans Snowflake Roll Jello <i>(Fish on Wheat Roll)</i>
<b>9</b> Lentil Soup <b>Veal w/Mushroom Gravy</b> Peas Italian Blend Vegetable Pumpernickel Bread Pears <i>(Chicken Salad on a Roll)</i>	<b>10</b> Onion Soup w/CROUTONS <b>American Chop Suey</b> Whole Grain Elbow Macaroni Asparagus Cuts Wheat Dinner Roll Fresh Fruit <i>(Ham Salad on a Roll)</i>	<b>11</b> Kale & Bean Soup <b>Chicken w/Lemon Sauce</b> Rice Pilaf Normandy Blend Vegetables Marble Bread Coffee Cake <i>(Corned Beef on Marble)</i>	<b>12</b> Chicken Veg. Soup <b>Ground Beef in Puff Pastry</b> Oven Roasted Potato Cauliflower Rye Bread Peaches <i>(Egg Salad on Rye)</i>	<b>13</b> Black Bean Soup  Southwest Salad Entrée With Seasoned Chicken On Tortilla-Mixed Greens Fruit Bar <b><i>(Tuna on Tortilla w/ side salad)</i></b>
<b>16</b> Beef Vegetable Soup <b>Herb Roasted Grilled Chicken</b> Roasted Potatoes California Blend Vegetable Roll Pudding <i>(Hamburger on a Bun)</i>	<b>17</b> Tomato Basil Soup <b>Shepherd's Pie</b> Sliced Carrots Wheat Roll Greek Yogurt <i>(Eggplant on a Roll)</i>	<b>18</b> 100% Cranberry Juice <b>Turkey Chili</b> Corn Bread Salad w/Dressing Dinner Roll Fresh Fruit <i>(Chicken Salad on Wheat)</i>	<b>19</b> <u>Happy Birthday</u> Pasta & Bean Soup <b>Pot Roast w/Gravy</b> Mashed Potatoes Mixed Vegetables Whole Wheat Roll Cupcake <i>(Soft Taco w/Meat &amp; Cheese)</i>	<b>20</b> Cream of Mushroom Soup <b>Barbecue Pork Loin</b> Wild Rice Oriental Blend Veg. Oatmeal Bread Pineapple <i>(Seafood Salad on Oatmeal)</i>
<b>23</b> Lentil Soup <b>Chicken Cacciatore</b> Parslied Potato Green Beans Whole Grain Bread Fruit Cocktail <i>(Bologna &amp; Cheese on Whole Grain)</i>	<b>24</b> Chicken Soup <b>Meatballs w/Sauce</b> Pesto Tortellini Peppers & Onions Italian Bread Cookie <i>(Sausage on a Roll)</i>	<b>25</b> Pasta and Bean Soup <b>Fried Steak w/Gravy</b> Mashed Potatoes Vegetable Blend 9-Grain Bread Fresh Fruit <i>(Shrimp Salad on 9-Grain)</i>	<b>26</b> Minestrone Soup <b>Roast Turkey w/Gravy</b> Stuffing Broccoli Wheat Bread Apple Sauce <i>(Salami &amp; Provolone on Wheat)</i>	<b>27</b> Beef Vegetable Soup <b>Beer Battered Fish</b> O'Brian Potato 3-Bean Salad Wheat Roll Coffee Cake <i>(Hot Dog on a Roll)</i>
<b>30</b> Vegetable Soup <b>Turkey Meatloaf</b> Whipped Potatoes Mixed Vegetables Pumpernickel Bread Apricots <i>(Corned Beef on Pumpernickel)</i>	<b>31</b> 100% Apple Juice <b>Chicken Marsala</b> Au Gratin Potato Sliced Carrots Wheat Bread                  Pudding <i>(Chicken Salad w/Craisins on Wheat)</i>	<b>Thank you for your donations! Your donations help keep the program going.</b>  <i>All menu items may contain nuts, seeds, beans and wheat bran + other allergens</i>	<b><i>Reservations must be made one day in advance</i></b> <b><i>From 9:00-12:45</i></b> <b><i>Monday -Friday Only</i></b> <b><i>780-6134</i></b>	<b><u>Salad of the Month</u></b> Turkey, Cucumber, Tomato, Strawberries, Lettuce, and Light Raspberry Vinaigrette (begins Monday, July 2nd)