

\$3.00 Suggested Donation

March 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i>	<i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i>	<u>Salad Option for the Month</u> Tuna-Olives-Tomato-Cucumber-Lettuce Blend Light Italian Dressing Monday March 5	1 Chicken Noodle Veg. Soup Pot Roast w/Gravy Oven Roasted Sweet Potatoes Zucchini Vanilla Pudding Whole Wheat Roll <i>(Sliced Chicken & Cheese on Roll)</i>	2 Clear Chowder Florentine Fish Crispy Cube Potatoes Carrots Fresh Fruit Whole Wheat Bread <i>(Turkey Salad on Wheat)</i>
5 Butternut Squash Soup Roasted Chicken Leg Quarter Mashed Potatoes Zucchini and Yellow Squash Mandarin Oranges Marble Bread <i>(Meatloaf on Marble)</i>	6 Chicken Soup Veal w/Tomato Sauce Seasoned Whole Wheat Pasta Italian Blend Vegetables Fruit Cocktail Italian Bread <i>(Salami & Provolone on Italian)</i>	7 100% Juice French Meat Pie w/Ketchup O'Brien Potatoes Broccoli Cuts Pudding Whole Wheat Bread <i>(Seafood Salad on Wheat)</i>	8 Tomato Vegetable Soup Roast Pork Loin w/Applesauce Whole Grain Rice Asparagus Tips Fresh Fruit Multi Grain Bread <i>(Chicken Salad on Multi Grain)</i>	9 Onion Soup w/Croutons Tuna Salad Tri Colored Pasta w/Oil & Vinegar Marinated Beets & Onions Shortbread Cookie Oatmeal Bread <i>(Egg Salad on Oatmeal Bread)</i>
12 Venus de Milo Soup Stuffed Cabbage w/Sauce Wild Rice California Blend Vegetables Apple Sauce Whole Wheat Bread <i>(Shrimp Salad on Wheat)</i>	13 Pasta & Bean Soup Herb Roasted Chicken Red Bliss Mashed Potatoes Green Beans Fresh Fruit 12 Grain Bread <i>(Italian Tuna on 12 Grain)</i>	14 Egg Drop Soup Sweet & Sour Pork Egg Roll Oriental Blend Vegetables Pineapple Chunks Whole Wheat Roll <i>(Marinated Grilled Chicken on a Roll)</i>	15 HAPPY BIRTHDAY Tomato Vegetable Soup Shepherds Pie w/Ketchup Prince Edward Vegetables Frosted Cupcake Garlic Bread <i>(Turkey Meatloaf on Wheat)</i>	16 St. Patrick's Day Split Pea Soup Corned Beef w/Mustard Seasoned Boiled Potatoes Carrot & Cabbage Medley Lime Jello Rye Bread <i>(Tuna on Rye)</i>
19 St. Joseph's Day Pasta Fagoli Italian Sausage Seasoned Shells Peppers & Onions Spumoni Ice Cream Garlic Knotted Roll <i>(Tomato & Mozzarella on Sicilan)</i>	20 Chicken Escarole Soup Stuffed Turkey w/Cranberry & Sage Stuffing w/Gravy Brussel Sprouts Fresh Fruit Pumpernickel Bread <i>(Honey Ham & Cheese on Pumpernickel)</i>	21 100% Orange Juice Cheese Omelet w/Tomato Slice Sausage Patty Crispy Cube Potatoes Fruited Yogurt <i>(Fish Sandwich on Roll w/Side Salad)</i>	22 Kale & Bean Soup Beef Wellington Peas & Onions Salad w/Dressing Pudding Wheat Dinner Roll <i>(Egg Salad on Roll)</i>	23 Seafood Chowder Baked Haddock Roasted Potatoes Prince Edward Blend Vegetables Peanut Butter Cookie Multi Grain Bread <i>(Corned Beef & Swiss on Multi Grain)</i>
26 Lentil Soup Knockwurst w/Mustard Sweet Potatoes Winter Blend Vegetables Tropical Fruit Rye Bread <i>(Chicken Salad on Rye)</i>	27 Turkey Vegetable Soup Roasted Airline Chicken Red Bliss Mashed Potatoes Green Beans Frosted Brownie 9 Grain Bread <i>(Tuna on 9 Grain)</i>	28 Italian Wedding Soup Beef Tips w/Mushrooms Seasoned Whole Wheat Pasta Baby Carrots Sliced Peaches Wheat Bread <i>(Seafood Salad on Wheat)</i>	29 100% Juice Turkey Chili w/Cheese Corn Bread Broccoli Spears Pudding <i>(Cheeseburger on Whole Wheat Bun)</i>	30 Tomato & Brown Rice Soup Country Crisp Fish w/Tartar Sauce Garlic Mashed Potatoes Stewed Tomatoes Fresh Fruit Wheat Dinner Roll <i>(Turkey & Cheese on Wheat)</i>