

\$3.00 Suggested Donation

January 2018

**Cranston Senior Services
For reservations 780-6134**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <u>CLOSED</u> <i>Happy New Year!</i>	2 Barley Soup Meatloaf w/Gravy Mashed Potatoes Broccoli Peaches Rye Bread <i>(Honey Ham & Cheese on Rye)</i>	3 Pasta & Bean Soup Chicken Leg Quarter Baked Potato w/Sour Cream California Blend Vegetables Pudding Oatmeal Bread <i>(Egg Salad on Oatmeal Bread)</i>	4 Chicken Soup Roast Pork Loin w/ Applesauce Mashed Sweet Potatoes Cauliflower Cookies Roll <i>(Chicken Salad on Roll)</i>	5 Clear Chowder Seafood Newburg Seasoned Brown Rice Capri Blend Vegetables Ice Cream Wheat Dinner Roll <i>(Pastrami & Swiss on Roll)</i>
8 100% Juice Turkey Chili w/Low Fat Cheese Corn Bread Seasoned Broccoli Spears Fruit Cocktail <i>(Hamburger on a Bun)</i>	9 Tomato Vegetable Soup Chicken w/Artichokes/ Roasted Peppers in Lemon Sauce Mashed Potatoes Green Beans Pudding Pumpnickel Bread <i>(Italian Tuna / Pumpnickel)</i>	10 Chicken Soup w/Anci de Pepe Knockwurst w/Mustard Boiled Potatoes Carrot & Cabbage Mix Jello Wheat Bread <i>(Sliced Chicken w/Cheese on Wheat)</i>	11 Red Chowder Country Crisp Fish w/Tartar Rice Pilaf Scandinavian Blend Vegetables Brownie Marble Bread <i>(Meatloaf on Marble)</i>	12 100% Orange Juice Fruit Stuffed Pancakes w/ Syrup Baked Ham Tomato Half Yogurt <i>(Fish Sand on Bun)</i>
15 <u>CLOSED</u> <i>Martin Luther King, Jr. Day</i>	16 Vegetable Soup Chicken Stuffed with Broc/ Cheese w/ Gravy Oven Roasted Potato Mixed Vegetables Ice Cream Marble Bread <i>(Egg Salad on Marble)</i>	17 Italian Wedding Soup Pot Roast w/Gravy Garlic Mashed Potatoes Asparagus Fresh Fruit 9-Grain Bread <i>(Seafood Salad on 9 Grain)</i>	18 <u>Happy Birthday</u> Tomato Soup w/Brown Rice Airline Chicken Pasta w/ Pesto Sliced Carrots Frosted Cupcake Wheat Bread <i>(Tuna on Wheat)</i>	19 Corn Chowder Stuffed Sole w/Scallops & Clams Wild Rice Broccoli Cuts Sliced Pears Dinner Roll <i>(Meatball Sub)</i>
22 Onion Soup w/Croutons Shepherds Pie w/Ketchup Prince Edward Blend Vegetable Italian Ice Garlic Roll <i>(Turkey & Cheese on Wheat)</i>	23 Vegetable Soup Turkey Meatloaf w/ Cranberry Chutney Sweet Potato Green Beans Shortbread Cookies Marble Bread <i>(Corned Beef & Swiss /Marble)</i>	24 Chicken Soup BBQ Pulled Pork Baked Beans Vegetable Medley Fresh Fruit Multi Grain <i>(Chicken Salad/w/ Cranberry/ Walnuts on Multi Grain)</i>	25 Kale & Bean Soup American Chop Suey Whole Wheat Elbow Pasta Winter Blend Vegetable Butterscotch Pudding Rye Bread <i>(Ham Salad on Rye)</i>	26 Cream of Broccoli Soup Chicken Cutlet w/ Lite Gravy Buttered Corn Zucchini Sour Cream Coffee Cake Wheat Bread <i>(Hot Dog on Bun)</i>
29 Beef Noodle Soup Herb Roasted Grilled Chicken Rice Pilaf Brussel Sprouts Sliced Peaches Oatmeal Bread <i>(Tuna on Oatmeal)</i>	30 Chicken Soup Liver & Onions w/Gravy Oven Roasted Potatoes Mixed Vegetables Fresh Fruit Pumpnickel Bread <i>(Chicken Salad Pumpnickel)</i>	31 Escarole and Bean Soup Meatballs w/ Sauce Seasoned Wheat Ziti Tossed Salad w/ Dressing Ice Cream 9-Grain Bread <i>(Ham Salad on 9-Grain)</i>	<i><u>Reservations must be made one day in advance</u></i> <i><u>From 9:00-12:45</u></i> <i><u>Monday -Friday Only</u></i> <i><u>780-6134</u></i>	<u>Salad of the Month</u> Grilled Chicken Tomato-Croutons- Parmesan Cheese Spinach/Lettuce Blend Caesar Dressing