

\$3.00 Suggested Donation

July Menu 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Lemonade Pub Burger w/Au Jus Red Bliss Potato Salad Coleslaw Watermelon Wheat Bread <i>(LS Hot Dog on a Roll)</i></p>	<p>4 <u>CLOSED</u> Independence Day</p>	<p>5 L.S. Beef Noodle Soup Herb Roasted Chicken Diced Potatoes w/Onions Zucchini Coffee Cake Rye Bread <i>(Ham & Swiss on rye)</i></p>	<p>6 Cottage cheese/Pineapple Turkey Meatloaf w/LS Gravy Mashed Potatoes Asparagus Cuts Chocolate Pudding Multi grain Bread <i>(Sliced Chicken on Multi grain)</i></p>	<p>7 Chicken Soup Anci de Pepe Meatballs w/Sauce Whole Grain Pasta Green Beans Jello Snowflake Roll <i>(Shrimp Salad on a Roll)</i></p>
<p>10 Cream of Broccoli Soup Veal w/LS Mushroom Gravy Mashed Potatoes Italian Blend Vegetables Fruited Yogurt Wheat Roll <i>(Tuna on a Roll)</i></p>	<p>11 Kale and Bean Soup Chicken w/Lemon Sauce Rice Pilaf Broccoli Cuts Fresh Fruit Marble Bread <i>(Roast Beef & Cheese on Marble)</i></p>	<p>12 Chicken Gumbo Soup Roast Pork w/ Apple Sauce Mashed Sweet Potatoes Vegetable Blend Wafer Cookie 9-Grain Bread <i>(Turkey & Swiss on 9-Grain)</i></p>	<p>13 100% Cranberry Juice Turkey Chili Corn Bread Salad w/Southwest Dressing Pineapple <i>(Grilled Chicken w/Jack Cheese on a Roll)</i></p>	<p>14 White Chowder Baked Fish w/Lemon Roasted Potato Sliced Carrots Mixed Fruit Rye Bread <i>(Ham & Cheese on Rye)</i></p>
<p>17 Beef Vegetable Soup Roasted Airline Chicken Sweet Potatoes Tossed Salad w/Dressing Fig Bar Whole Grain Bread <i>(Meatloaf on Whole Grain)</i></p>	<p>18 Onion Soup w/Croutons American Chop Suey Whole Grain Elbows Brussel Sprouts Diced Pears Whole Grain Roll <i>(Seafood Salad on a Roll)</i></p>	<p>19 LS Lentil Soup Baked Ham w/Pineapple Baked Potato/ Lite Sour Cream Diced Carrots Vanilla Pudding Dinner Roll <i>(Italian Grinder)</i></p>	<p><u>20 Happy Birthday</u> Pasta & Bean Soup Pot Roast w/LS Gravy Mashed Potatoes Green Beans Frosted Cupcake Wheat Bread <i>(Chicken Salad on Wheat)</i></p>	<p>21 Turkey Vegetable Soup Chicken Marsala Wild Rice Capri Blend Vegetables Fresh Fruit Rye Bread <i>(Tuna on Rye)</i></p>
<p>24 Italian Wedding Soup Fried Steak w/ LS Gravy Brown Rice Mixed Vegetables Peaches Oatmeal Bread <i>(Tuna Salad on Oatmeal)</i></p>	<p>25 Corn Chowder Southwest Entrée Salad w/ Grilled Chicken Soft Flour Tortilla Fresh Apple <i>(Soft Flour Beef Taco w/Side Salad)</i></p>	<p>26 Tomato Basil Soup Shepherds Pie California Blend Vegetables Sponge Cake Wheat Roll <i>(Eggplant on a Roll)</i></p>	<p>27 Vegetable Soup Chicken Cacciatore Corkscrew Pasta Broccoli Lemon Pudding Wheat Bread <i>(Salami & Provolone on Wheat)</i></p>	<p>28 Red Chowder Florentine Fish Roasted Potato Vegetable Blend Apricots Naan Bread <i>(Turkey Salad on Naan)</i></p>
<p>31 Vegetable Soup Swedish Meatballs Buttered Noodles Mixed Vegetables Cookie Whole Grain Roll <i>(Salmon Salad on a Roll)</i></p>	<p><i>Tastes from the Southwest are featured on the 13th and 25th of this month</i></p>	<p>Please Inform your Server if you have a food allergy</p>	<p><i>Funded in Part by the US Administration on Aging and the Rhode Island Division of Elderly Affairs</i></p>	<p><u>SALAD OF THE MONTH</u> Tuna / Romaine Lettuce Olive / Tomato / Green Peppers Light Italian Dressing</p>