

\$3.00 Suggested Donation

# May Menu 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1 <u>May Breakfast</u></b>            100% Orange Juice            Baked Honey Ham            Scrambled Eggs w/Tomato Slice            Home Fried Potatoes            Fresh Fruit Cup  <i>(Chicken Salad on Wheat Roll / Side Salad)</i></p>	<p><b>2</b> Chicken Vegetable Soup  <b>Meatballs w/Sauce</b>            Seasoned Whole Wheat Pasta            Tossed Salad w/Dressing            Oatmeal Cookies            Sliced Italian Bread  <i>(Egg Salad on Italian)</i></p>	<p><b>3</b> Cream of Broccoli Soup  <b>Veal w/Mushroom L.S. Gravy</b>            Mashed Potatoes            Sliced Seasoned Carrots            Fresh Fruit            Multi Grain Bread  <i>(Turkey &amp; Cheese/Multi-Grain)</i></p>	<p><b>4</b> Clear Chowder  <b>Country Crisp Fish w/Tartar Sauce</b>            Roasted Potatoes            Broccoli Slaw            Granola Bar Marble Bread  <i>(Hot Dog on Roll w/Condiments)</i></p>	<p><b>5 <u>Cinco De Mayo</u></b>            Black Bean Soup  <b>Grilled Marinated Chicken</b>            Mexican Rice            Pepper &amp; Onions            Dinner Roll            Chocolate Pudding  <i>(Seafood Salad on Wheat)</i></p>
<p><b>8</b> Beef Vegetable soup  <b>Stuffed Pepper w/sauce</b>            Tomato &amp; Cucumber Salad            Baked Chips            Naan Bread            Diced Pears  <i>(Fish/tartar on a Wheat Roll)</i></p>	<p><b>9</b> Escarole &amp; Bean Soup  <b>Italian Sausage</b>            O'Brien Potatoes            Seasoned Zucchini            Ice Cream            Oatmeal Bread  <i>(Chicken Salad on Oatmeal)</i></p>	<p><b>10</b> Minestrone Soup  <b>French Meat Pie w/Ketchup</b>            Brussels Sprouts            Butterscotch Pudding            Wheat Dinner Roll  <i>(Shrimp Salad on Wheat Roll)</i></p>	<p><b>11</b> Tomato Vegetable Soup  <b>Broccoli &amp; Cheese Quiche</b>            Hash Brown            Sliced Tomatoes            Fruited Yogurt  <i>(Corned Beef on Rye w/Side Salad)</i></p>	<p><b>12 <u>Mother's Day Luncheon</u></b>            Onion Soup w/Croutons            Stuffed Chicken w/Gravy            Red Bliss Mashed Potatoes            Capri Blend Vegetables            Coffee Cake Wheat Bread  <i>(Tuna on Wheat)</i></p>
<p><b>15</b> Chicken Escarole Soup  <b>Beef Stroganoff</b>            Buttered Noodles            Baby Whole Carrots            Marble Bread            Apricot Half  <i>(Salami &amp; Provolone on Marble)</i></p>	<p><b>16</b> Low Sodium Lentil Soup  <b>Knockwurst w/Mustard</b>            Boiled Seasoned Potatoes            Carrot &amp; Cabbage Mix            Jello            Pumpernickel Bread  <i>(Turkey Salad /Pumpernickel)</i></p>	<p><b>17</b> 100% Apple Juice  <b>Turkey Chili w/Shredded Cheese</b>            Corn Bread            Broccoli Spears            Fruit Cocktail  <i>(Cheeseburger on Wheat Bun)</i></p>	<p><b>18 <u>Happy Birthday</u></b>            Chicken Soup w/Orzo  <b>Shepherd's Pie</b>            Garlic Spinach            Frosted Cupcake            Wheat Dinner Roll  <i>(Chicken Salad on Wheat)</i></p>	<p><b>19</b> Red Chowder  <b>Baked Fish</b>            Wild Rice            Sliced Carrots            Ice Cream            Oatmeal Bread  <i>(Italian Grinder)</i></p>
<p><b>22</b> Low Sodium Chicken Soup w/Brown Rice  <b>Pot Roast w/Gravy</b>            Mashed Potatoes            Mixed Vegetables            Sliced Peaches            Wheat Bread  <i>(Turkey &amp; Cheese on Wheat)</i></p>	<p><b>23</b> Venus de Milo Soup  <b>Chicken/Artichokes/Roasted Peppers/Green Beans/Lemon Sauce</b> Rice Pilaf            Winter Blend Vegetables            Shortbread Cookie            Rye Bread  <i>(Ham Salad on Rye)</i></p>	<p><b>24</b> Potato &amp; Leek Soup  <b>American Chop Suey</b>            Whole Wheat Elbow Pasta            Italian Blend Vegetables            Pudding            Split Top Roll  <i>(Eggplant w/Sauce on Grinder Roll)</i></p>	<p><b>25</b> Split Pea Soup  <b>Baked Ham w/Sliced Pineapple</b>            Sweet Potatoes            Capri Blend Vegetables            Angel Food Cake            Multi Grain Bread  <i>(Chicken Loaf on Multi Grain)</i></p>	<p><b>26 <u>Memorial Day Luncheon</u></b>            Chicken Gumbo Soup            Roasted Chicken Leg Quarter            Baked Beans            Cole Slaw            Ice Cream Roll            Pumpernickel Bread  <i>(Tuna on Pumpernickel)</i></p>
<p><b>29</b>  <u><b>CLOSED</b></u>            Memorial Day</p>	<p><b>30</b> Pasta &amp; Bean Soup  <b>Chicken Cordon Bleu w/Gravy</b>            Mashed Potatoes            Mixed Vegetables            Tapioca Pudding Rye Bread  <i>(Seafood Salad on Rye)</i></p>	<p><b>31</b> Turkey Noodle Soup  <b>Salisbury Steak w/Gravy</b>            Seasoned Brown Rice            California Blend Vegetables            Fresh Fruit            Wheat Bread  <i>(Italian Tuna on Wheat)</i></p>	<p><u><b>May Salad</b></u>            Grilled Chicken            Craisins-Walnuts            Cucumbers-Iceberg            Light Raspberry Vinaigrette            Begins Monday May 1</p>	<p><i>Funded in Part by the US Administration on Aging and the Rhode Island Division of Elderly Affairs</i></p> <p><i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i></p>