

\$3.00 Suggested Donation

June 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p>	<p><i>All menu items may contain Nuts, seeds, beans, wheat bran, and other allergens</i></p>	<p>Salad Option for the Month <i>Grilled Chicken/Strawberries/Almonds Tomatoes-Spinach Iceberg Blend Light Italian Dressing Begins Monday June 5</i></p>	<p>1 Low Sodium Chicken Soup BBQ Pork Loin Mashed Sweet Potatoes Mixed Vegetable Peanut Butter Cookies Roll <i>(Turkey & Swiss on a Wheat Roll)</i></p>	<p>2 White Chowder Baked Haddock w/Topping O'Brien Potatoes Scandinavian Blend Vegetables Fruit Cocktail Pumpernickel Bread <i>(Chicken Salad on Pumpernickel)</i></p>
<p>5 Beef Vegetable Soup Fried Steak w/Low Sodium Country Gravy Mashed Potatoes Garlic Spinach Mandarin Oranges Rye Bread <i>(Tuna on Rye)</i></p>	<p>6 Turkey & Brown Rice Soup Chicken Cacciatore Roasted Potatoes Broccoli Cuts Fresh Fruit Marble Bread <i>(Roast Beef & Cheese on Marble)</i></p>	<p>7 Lentil Soup Stuffed Sole Wild Rice Fresh Zucchini Apple Pie Garlic Roll <i>(Turkey Salad on a Roll)</i></p>	<p>8 Italian Wedding Soup Roast Turkey w/Gravy & Cranberry Stuffing Baby Whole Carrots Pudding Pumpernickel Bread <i>(Honey Ham & Cheese on Pumpernickel)</i></p>	<p>9 Escarole & Bean Soup Liver & Onions Garlic Mashed Potatoes Yellow Squash Sliced Peaches Split Top Roll <i>(Shrimp Salad on Grinder Roll)</i></p>
<p>12 Vegetable Soup Turkey Meatloaf w/Cranberry Chutney Whipped Potatoes Green Beans Vanilla Pudding Wheat Bread <i>(Meatball Sub)</i></p>	<p>13 Split Pea Soup Baked Ham w/Pineapple Slice Sweet Potatoes Roasted Vegetables Fresh Fruit Rye Bread <i>(Turkey & Cheese on Rye)</i></p>	<p>14 Flag Day RED Chowder Chicken Cordon Bleu w/ gravy WHITE Rice Broccoli BLUEberry Coffee Cake Marble Bread <i>(Tuna on Marble)</i></p>	<p>15 HAPPY BIRTHDAY Minestrone Soup Meatballs w/Sauce Sliced Seasoned Potatoes Peppers & Onions Frosted Cupcake Sliced Italian Bread <i>(Egg Salad on Italian)</i></p>	<p>16 Father's Day Luncheon Pasta & Bean Soup Pot Roast w/Gravy Mashed Potatoes Green Beans Almandine Ice Cream Roll Wheat Bread <i>(Seafood Salad on Wheat)</i></p>
<p>19 Beef Noodle Soup Herb Roasted Grilled Chicken Au Gratin Potatoes Normandy Blend Vegetables Diced Peaches Rye Bread <i>(Ham & Swiss on Rye)</i></p>	<p>20 Chicken Soup Veal w/Tomato Sauce Seasoned Whole Wheat Pasta Italian Blend Vegetables Frosted Brownie Italian Bread <i>(Chicken Salad on Italian)</i></p>	<p>21 Lemonade Pub Burger w/Mushroom Gravy Baked Beans Carrot & Raisin Slaw Fresh Fruit Garlic Roll <i>(Hot Dog on Roll)</i></p>	<p>22 Onion Soup w/Crouton Roasted Airline Chicken Red Bliss Mashed Potatoes Spinach Lemon Pudding Wheat Bread <i>(Roast Beef on Wheat)</i></p>	<p>23 Roasted Corn Chowder Beer Battered Fish w/Tartar Sauce Lyonnaise Potatoes 3-Bean Salad Sponge Cake Oatmeal Bread <i>(Tuna Salad on Oatmeal)</i></p>
<p>26 Beef Gumbo Soup Roast Pork Loin w/Low Sodium Gravy Rice Pilaf Brussel Sprouts Apple Sauce Pumpernickel Bread <i>(Chicken Salad on Pumpernickel)</i></p>	<p>27 100% Orange Juice Spanish Omelet Home Fried Potatoes Tomato Half Fresh Fruit Cup <i>(Italian Tuna on Wheat Roll)</i></p>	<p>28 Chili Soup Honey BBQ Chicken Leg Quarter Corn Bread Tomato & Cucumber Salad Oatmeal Raisin Cookie Wheat Bread <i>(Meatloaf on Wheat)</i></p>	<p>29 Venus de Milo Soup Shepherds Pie w/Ketchup Sliced Seasoned Carrots Fruit Cocktail Garlic Bread <i>(Italian Grinder)</i></p>	<p>30 Egg Drop Soup Seafood Chow Mein Crunchy Noodles Asian Blend Vegetables Seasonal Melon Wheat Dinner Roll <i>(Hamburger on a Wheat Roll)</i></p>